

Epithelioid Haemangioendothelioma of the Mesentery

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Abstract: Epithelioid haemangioendothelioma is a rare vascular tumor, described for the first time in 1975 by Dail and Liebow as an aggressive bronchoalveolar cell carcinoma. It represents 1% of all vascular tumours, due to its heterogeneous presentation, it is often misdiagnosed and not suitably treated. The etiology is still a dilemma. Most of the times it affects lung, liver and bones, although this kind of tumor may involve the head and neck area, breast, lymph nodes, mediastinum, brain and meninges, the spine, skin, abdomen and many other sites. Mesentery involvement is very rare. We report a case of 22-year old female student, who presented with recurrent abdominal pain of four month duration and one month duration of abdominal swelling that was later histopathological diagnosed to be epithelioid haemangioendothelioma.

Key words: Epithelioid haemangioendothelioma, mesentery, young female student.

1. Introduction

Epithelioid haemangioendothelioma (EHE) is a rare vascular tumor with an epithelioid and histiocytoid appearance, originating from vascular endothelial or pre-endothelial cells. It represents less than 1% of all vascular tumors and was described for the first time in 1975 by Dail and Liebow as pulmonary EHE (P-EHE) [1]. The term *epithelioid haemangioendothelioma* was introduced in 1982 by Weiss and Enzinger to describe a vascular tumor of bone and soft tissue showing features between hemangioma and angiosarcoma [2, 3]. Corrin et al. [4] demonstrated the presence of tumor cells deriving from a lineage capable of differentiation along endothelial lines by using immunohistochemical techniques. Later, Weldon-Linne et al. [5] confirmed these findings using electron microscopy and revealed a diffuse cytoplasmic staining of the malignant cells with a factor VIII-related antigen.

This tumor has been encountered in all age groups, but it is most common in the fourth through seventh

decades of life. Overall, EH has an equal sex distribution, although cases presenting in the lungs and liver are more frequent in women [6]. There is virtually no site which is immune to the occurrence of an EH [7-10]. The intermediate grade of this tumor does not belie its capacity for local recurrence and even distant metastasis. The overall mortality rate for EH is only about 13%, but is as high as 65% for tumors arising in the liver [11].

This report documents our experience with one of the least common sites of EHE, namely the mesentery surrounding the caecum and appendix without a definable origin in any of the abdominal organs. We demonstrate that the light microscopic features are very similar to EHE arising at more conventional sites such as the liver, that immunohistochemical analysis provides a reliable approach for confirming or establishing the diagnosis, and that at least 1 endothelial marker (either CD31, CD34, or factor VIII) should be positive for a definitive diagnosis [6].

We report a case of 22-year old female student, who presented with recurrent abdominal pain of four month duration and one month duration of abdominal

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swelling that was later histopathological diagnosed to be epithelioid haemangi endothelioma.

2. Case Report

A 22-year old female student who presented with recurrent abdominal pain of 4 months duration and abdominal swelling of one month duration to Gynaecology clinic.

She developed recurrent abdominal pain at the right iliac fossa region. The pain was colicky, non-radiating and severe enough to stop her from doing her chores but relieved by analgesics. The current episode started one month prior to presentation.

Also noticed swelling in the right iliac fossa which rapidly increased to the size of a twenty-two weeks gravid uterus. There is associated nausea, vomiting, change in bowel habit; constipation alternating with diarrhoea. There was no passage of melena stools or haematochezia.

There is also an associated high grade fever, with no associated chills or rigor. No vaginal discharge or bleeding per vaginum.

She had termination of pregnancy nine (9) months prior to presentation.

She neither drink alcohol nor smoke cigarette.

Physical examination revealed a young lady chronically ill-looking, febrile (T-39°C), pale, anicteric and acyanosed.

The chest was symmetrical with respiratory rate of 24 cycles/min. The pulse rate was 120 beats/min, regular and of moderate volume. BP was 120/70 mmHg sitting.

The abdomen was scaphoid with a right iliac fossa mass, which was tender, smooth surfaced and with cystic and solid areas, measures 10 cm by 12 cm in size. Percussion note over the mass was dull. The liver spleen and kidneys were not palpably enlarged.

The haemogram showed haemoglobin of 7.9 g/dl. WBC of $6.8 \times 10^9/L$, platelet of $274 \times 10^9/L$, hypochromasia, leukocytosis with toxic granulation and left shift. Human immunodeficiency virus (HIV)

screen, serum HCG and Urinalysis were negative. Liver function test, Urea, electrolyte and creatinine were not contributory. The abdominal ultrasound scan showed right ovarian mass with homogenous collection.

A provisional diagnosis of right tubo-ovarian abscess was made. She was resuscitated and planned for exploratory laparotomy and surgeons were invited at surgery due to suspicion of bowel involvement. Intra-operatively, a huge highly vascular tumour involving the ileum, caecum, appendix and mesentery having cystic and solid areas was resected. She had right hemicolectomy with jejunocolic anastomosis.

The patient made an uneventful post-operative recovery and was discharged after ten (10) days.

The gross finding is that of a huge cystic tumour measuring $15 \times 10 \times 8$ cm and weighing 400 g. Cut section shows a variegated tumour with areas of cystic degeneration containing serosanguinous fluid (Fig. 1).

The microscopic features show an intermediated vascular tumour growing in sheets around blood vessels. It is composed of spindle cells having moderately pleomorphic hyperchromatic to vesicular nuclei with prominent nucleoli and amphophilic cytoplasm. There are mucin-like intracytoplasmic vacuolations within the tumour cells, histiocytoid cells and osteoclast-like multinucleated giant cells (Fig. 2).



Fig. 1 Gross finding showing the tumour attached to the mesentery of the right hemicolectomy specimen.

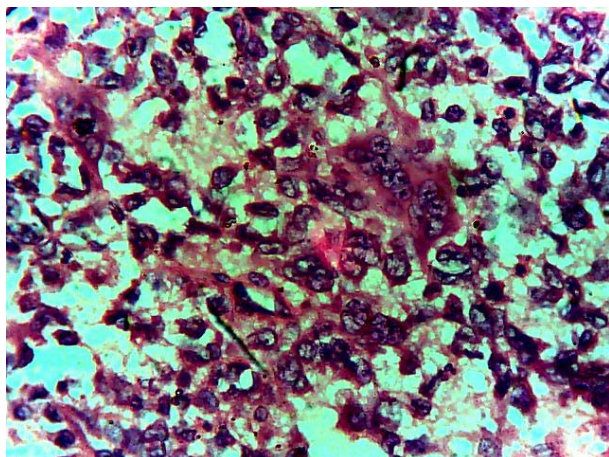


Fig. 2 Haematoxylin & Eosin showing moderately pleomorphic hyperchromatic vesicular nuclei with prominent nucleoli, intracytoplasmic vacuolations and multinucleated giant cells. $\times 100$.

3. Discussion

Epithelioid haemangi endothelioma (EHE) is a rare low grade malignant vascular tumor which was first described by Weiss and Enzinger in 1982 [1, 2]. It has prevalence of 1 per 100,000 in the general population [12]. The etiology is still a dilemma. Studies about suggestive hypothesis are ongoing. Most of the times it affects lung, liver and bones, although this kind of tumor may involve the head and neck area, breast, lymph nodes, mediastinum, brain and meninges, the spine, skin, abdomen and many other sites [12].

The liver is one of the better-documented primary sites of EHE, likely due in part to the fact that hepatic transplantation is the treatment of choice, and identification of EHE in the lung addressed the question of the nature of the so-called intravascular bronchio-alveolar tumor [11].

There are no reports on the occurrence of this tumour in the mesentery making our patient an index case. The principal symptoms of the patient are abdominal pain and right iliac fossa swelling that kept on increasing in size, these symptoms are similar to those reported by Posligua et al. [6] and Hamirani et al. [13] in their studies on primary peritoneal epithelioid haemangi endothelioma.

The microscopic finding is consistent with

epithelioid haemangi endothelioma, but differential diagnosis include metastatic carcinoma as well as mesenchymal tumours with epithelioid features like epithelioid angiosarcoma. However, the low mitotic activity ($< 5/50$ HPF), minimal pleomorphism, lack of necrosis and the presence of intracytoplasmic vascular lumen formation should distinguish epithelioid haemangi endothelioma from epithelioid angiosarcoma [14].

Immunohistochemistry is an essential adjunct for differentiation EHE from morphologic pretenders, including carcinoma, epithelioid leiomyosarcoma, and malignant gastrointestinal stromal tumor with epithelioid features [6]. The following vascular markers of CD31, CD34, S-100, Vimentin and factor VIII-antigen, as well as thrombomodulin, differentiate EHE from the other tumor types [6]. Although Immunohistochemistry is essential in characterizing the tumour and in differential diagnosis, but Zarifa and Kemal [15] did not find immunohistochemistry that useful due non-specificity of these marker as some are also expressed by benign vascular tumours.

Our patient also was thought as probably benign tumor and so underwent local excision only. She is currently free from recurrence for 6 months. We will continuously follow up and observe our patient to ensure that there is no recurrence of the tumour due to its malignant potential.

The role of adjuvant chemotherapy remains unclear. L  uffer et al. [16] and Makhoulouf et al. [17] performed adjuvant chemotherapy with hepatic intra-arterial 5-fluorouracil, radiotherapy, and/or treatment with interferon- α -2 in cases of epithelioid haemangi endothelioma of the liver. However, the result remained unclear, since the small number of treated cases and the unpredictable evolution of epithelioid haemangi endothelioma does not permit conclusions to be drawn [16, 17].

In conclusion, epithelioid haemangi endothelioma is a very rare mesenchymal tumor as primary site of mesentery, however, with a high index of suspicion,

good clinical acumen with prompt surgical and meticulous histopathological diagnosis it can be diagnosed.

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